

Mock Cable Rib Socks

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Tired of plain old ribbed socks? Need something a little more exciting for your feet? Then you need some mock cable rib socks! A very easy ribbed stitch pattern, these cuff down socks can easily be knit toe-up.



Size

Women's Foot

Materials

- 1 skein of Blue Moon Fiber Arts Socks That Rock in Mediumweight, 380 yards
- 1 set of size 2 double pointed needles or size needed to obtain gauge
- Tapestry Needle

Gauge

7 stitches/inch in stockinette stitch

Pattern Notes and Abbreviations

K=knit

P=purl

MCR= Mock Cable Rib

Work MCR over 2 stitches as follows: Knit the second stitch on the left hand needle, leave this stitch on the needle, then knit into the first stitch on the left hand needle. Drop both of the original stitches off the needle to make the mock cable.

Directions

Cuff:

Cast on 64 stitches. Join round, being careful not to twist. Divide the stitches over three needles as follows:

Needle 1: 16 Stitches, Needle 2: 32 Stitches, Needle 3: 16 stitches

Round 1: Needle 1 & 3: K2, P2 x4; Needle 2: MCR, P2 x8

Round 2: *K2, P2, repeat * to end.

Repeat these two rounds for 1.5 inches, or until you have desired cuff length. Proceed to leg.

Leg:

For Needles 1 and 3, every round on the leg will be knit. The pattern will run down the front of the leg and onto the foot. For **Needle 2**, repeat the following two rounds:

Round 1: MCR, P2 x8

Round 2: K2, P2 x 8

Repeat these two rounds (remembering to only knit on Needles 1 and 3) until piece measures 5 inches from cast on edge, or until desired length ending with Round 1. Proceed to heel flap.

Heel Flap:

Knit the stitches on Needle 1. Heel will be worked back and forth on Needles 1 & 3 (32 stitches total).

Row 1: (wrong side) Sl1, Purl across

Row 2: (right side) *Sl1, K1. Repeat * to end

Repeat these two rows until you have desired length of heel flap, ending with a right side row. Continue to Heel Turn.

Heel Turn:

Row 1: Sl1, P16, P2tog, Turn.

Row 2: Sl1, K3, SSK, K1, Turn.

Row 3: Sl1, purl to 1 stitch before the gap, P2tog over the gap, Turn.

Row 4: Sl1, knit to 1 stitch before the gap, SSK over the gap, Turn.

Repeat Rows 3 & 4 until all stitches have been worked. Continue onto the gusset.

Gusset:

Knit the stitches on the turned heel. On side of heel flap, pick up and knit 1 stitch in each slipped stitch along the heel flap. To avoid holes, pick up one stitch between the heel flap and the top of the sock. Work K2, P2 rib across Needle 2. On other side of heel flap, pick up and knit 1 stitch between the top of foot and the heel flap, then pick up and knit 1 stitch in each slipped stitch along this edge of the heel flap. Knit half of the Heel Turn stitches onto this needle (Needle 3). Needle 1 & 3 should have an equal number of stitches.

Row 1: On Needle 1, knit to the last three stitches, K2tog, K1. On Needle 2, work MCR, P2 x 8. On Needle 3, K1, SSK, knit to the end of needle.

Row 2: Needle 1, knit. On Needle 2, work K2, P2 across. Needle 3, knit.

Repeat these two rounds, continuing with the established Mock Cable Rib pattern on needle 2, until Needle 1 & 3 have 16 stitches each remaining. Continue to Foot.

Foot:

On Needles 1 & 3, every round will be knit and Needle two (top of foot) will be worked following the established Mock Cable Rib. Continue foot until length is about 1.5 inches shorter than the foot you want to put the sock on. Continue to the toe.

Toe:

Round 1: Needle 1, Knit to the last 3 stitches, K2tog, K1. Needle 2: K1, SSK, knit to the last three stitches, K2tog, K1. Needle 3: K1, SSK, knit to the end of the needle.

Round 2: Knit

Repeat these two rounds until you have 16 stitches remaining. Knit the stitches from Needle 1 onto Needle 3. Graft toe, weave in ends, and knit your second sock!